

Our Lady of the Assumption School

2141 Walnut Avenue, Carmichael, CA 95608 (916) 489-8958

August 26, 2014



With Hands to Serve and Hearts to Love

Our Virtues, Our Values

This year, our school theme is "Our Virtues, Our Values." Each week this school year we will be sharing with our students a new virtue and helping them to "unpack" it during morning announcements, religion class, and other subjects. There are 52 virtues that we will explore this school year and next. They are listed below.

- | | | |
|---------------------|-----------------|----------------------|
| 1. Care of Creation | 19. Gratitude | 37. Patience |
| 2. Caring | 20. Holiness | 38. Peace |
| 3. Charity | 21. Honesty | 39. Prudence |
| 4. Chastity | 22. Honor | 40. Reflection |
| 5. Compassion | 23. Hope | 41. Respect |
| 6. Cooperation | 24. Hospitality | 42. Respect All Life |
| 7. Courage | 25. Humility | 43. Responsibility |
| 8. Creativity | 26. Integrity | 44. Reverence |
| 9. Empathy | 27. Initiative | 45. Sacrifice |
| 10. Enthusiasm | 28. Joy | 46. Service |
| 11. Faith | 29. Justice | 47. Stewardship |
| 12. Forgiveness | 30. Kindness | 48. Temperance |
| 13. Fortitude | 31. Knowledge | 49. Understanding |
| 14. Friendship | 32. Love | 50. Unity |
| 15. Generosity | 33. Loyalty | 51. Wellness |
| 16. Gentleness | 34. Mercy | 52. Wisdom |
| 17. Goodness | 35. Modesty | |
| 18. Grace | 36. Obedience | |

At our first school Liturgy on Friday, I asked our students to close their eyes and imagine a mosaic painting or the picture of George Washington on the dollar bill. I explained to them that these pictures are made of up of small dots that individually are simple and plain, but that collectively form a beautiful and complex picture. That is how the Virtues work within us. With the help of God's grace, they form something very special: our character. William Bennett, who authored The Book of Virtues, wrote in its introduction that in order for the virtues to take root, they must be practiced. "Like anything else worthwhile," he says, "attaining virtue requires serious effort and attention. You must set some standards for yourself and then do everything you can to live up to them in your everyday activities...When the virtues are a matter of habit for you, you're well equipped to face life." With intention and focus, our students will explore these 52 virtues and values this year and discover how they fit into our faith and our own lives.

Resource Program

I announced before the start of school that Terri Seeley is going to be joining our staff as our new resource teacher. Well, we learned last week from Mercy Educational Resource Center (MERC) that she is not going to be coming onboard. MERC is in the search for a new resource teacher for us, and in the interim, Cathy Ceccerelli, who served as our resource teacher last year, will be here along with Pat Friesen. We are in very good hands with both of them until the new teacher comes on board.

Congratulations, Mrs. Wright

Finally, we would like to congratulate Mrs. Wright, who was inducted on Sunday night into the Sac-Joaquin Section Sports Hall of Fame.

I look forward to seeing you at Back-to-School Night this evening.

Sincerely,

Robert Love

This Week at OLA

Food Locker

Grade 1: August 25 – August 29.

Due This Week

- All textbooks must be covered the first evening they are sent home with students. Please only use fabric and paper covers. Please do not use covers with adhesives.
- If you have not already done so, please turn in your Emergency Form **immediately**. It is critical to the safety of your student that we have this information on hand right from the first day of school.
- Miscellaneous Expense Worksheet and payment is due. **Please remember to circle milk or yearbook** (or both) if ordering.
- If you intend to drive on field trips during the year, the Verification of Auto Insurance form is required, along with a copy of your California Driver's License. Copies can be made in the school office.

Walking Passes

Students who will be leaving campus without a parent escort must have a current (2014-2015) walking pass. Permission forms were sent home with 7th and 8th grade students last week. Students must pick up their walking passes in the school office.

Back to School Night

Tonight, (Tuesday, August 26) is our annual Back-to-School Night. All parents are encouraged to attend this informative and fun evening. If you have not yet been fingerprinted and plan to volunteer during the year, Capital Livescan will be on site in the school office. The cost is \$44.00. They take cash, check and most major credit cards (\$2.00 fee). The appropriate forms will be available in the office.

Thursday Dismissal Time

School will be dismissed at 2:20 on Thursday.

FRIDAY - WHAT TO WEAR

Friday is a full day of school. Wear Cougar Crew top with OLA regular uniform bottom.

Next Week at OLA

Labor Day Holiday

Monday, September 1 - Enjoy your three-day weekend!

Food Locker

Grade 2: September 2 – September 5.

Bits and Pieces

Lunchtime

If your student does not receive milk with their lunch, please remember to pack him/her a drink.

Label Clothing/Lunchboxes

Please take a moment to label your child's clothes and lunchbox. Items with names in them that reach the lost and found can be returned. Items without names are truly lost.

Medication

If you would like Mrs. Albers and Mrs. Eaddy to help administer medication to your child(ren), a Medication Permission Form is required. Forms are available in the school office. The completed form must be returned with the medication. **MEDICATION MAY NEVER BE SELF-ADMINISTERED AT SCHOOL.**

PTG Reimbursements

All requests for reimbursement **must** be accompanied by a completed Reimbursement Form. A hard copy of the form is available for pick-up in the school office. A PDF version is available on the school Web site.

Parking Lot Instructions

Please take the time to carefully review the handbook concerning proper parking lot procedures. It is important for the safety of all our students that special care is taken to drive slowly in the parking lot and to follow the guidelines in the handbook.

Health and Wellness

OLA Friends and Family- the FARE walk for food allergy awareness is scheduled for Sunday, September 7th, at 10:00 am. Join your OLA friends and family as we walk in memory of Natalie Giorgi and as we walk for awareness for all affected by food allergies. You can join the team by signing up at the following link: <http://www.foodallergywalk.org/sacramento2014/nateam>

Please contact Jen Hall at JenCobbinfla@hotmail.com with any questions.

Are You Planning to Use Extension This Year?

If you have not yet registered for KinderRich or After School Care with Extension, just follow these three easy steps to get started. It's as easy as 1..2..3!

STEP #1

[CLICK HERE](#) to fill out our online registration form. This form is for both KinderRich and After School families, and you can register up to 4 children on one form. Just fill it out online, and you are done -- no need to print it out!

STEP #2

Review the attached *Fee Sheet* and *Info Packet*. These are great items to print out or save for future reference.

STEP #3

Pay your registration fee.

\$250 KinderRich

\$50 1st-7th

8th Grade has no registration fee!

Please email me if you have any questions; I look forward to getting to know many of you over the year!

You will not see a bill for time used until the first week of October.

We open @ 7:00 am for Morning Care. Please contact me for more information.

Hours we are open:

7-7:45: AM Morning Care

7:45-11:00: AM KinderRich

11:05-11:55: All Kindergarten lunch

12:00-3:00: PM KinderRich

3:00-6:30: After School Care

(12:00-6:30 on Minimum Days)

Melinda Theroux

OLA Extension Director

extension@olaparish.net

916-489-5427

Meet our new OLA Extension Staff Members for the 2014-2015 School Year:

I am thrilled to introduce you all to our new Extension team. We are blessed to have a great group of people with a passion for working with children!

Svetlana Kozin "Ms. Svetlana"- KinderRich Lead & After School Staff

This is Svetlana's third year at OLA. She is in her second year as Lead Teacher for KinderRich and is rejoining the afterschool staff to work in our study hall program. Svetlana is currently enrolled at California State University, Sacramento. She is getting ready to graduate with her BA in Child Development and is planning to get married this summer. Over the years she's had lots of experience working as a volunteer for different schools. She has taught preschool for several years and enjoys creating wonderful memories with her two sons, ages 14 and 7.

Virginia DeSouza-Morrison "Ms. Ginny"- After School Staff

Virginia is so happy to be returning to OLA School and Extension after having 2 sons go through this school system. She and her family have many, very happy memories associated with OLA. Ms. Ginny recently retired from full-time teaching. When she came by to donate school supplies last Spring, she expressed what a very happy place Extension seemed to be. When she's not here, she can be found happily working in her garden and yard. Miss Ginny wakes up each morning praising our Dear Jesus, and thinking about home improvements, water exercise, and family outings. She has been blessed with grandchildren, and loves to add to their life experiences with Scouts, camping, amusement parks, zoos, and train and boat rides. Also, she recently started tap dancing classes.

Bradley Winkleman "Mr. Bradley"-After School Staff

Bradley recently graduated from Jesuit High School and will be attending Sacramento State with an interest in studying Accounting. He is an alumnus of OLA and participated in the Extension Program during his time here. While at Jesuit, Bradley kept busy with the Drama Program as the Production Stage Manager. During his free time he enjoys going to movies with friends and loves going to National Parks. For his graduation trip he went to Yellowstone and Grand Teton National Parks. Bradley is thrilled to come back to OLA and work with the Extension program.

Alexis Arista "Ms. Alexis"-After School Staff

Newly hired at Our Lady Assumption, Ms. Alexis has been coaching gymnastics for over three years and has ten years of competitive gymnastics experience of her own. During her spare time she enjoys hanging out with her family and friends and participating in outdoor activities. In addition to hiking and taking yoga classes, she also loves kicking back and watching movies. Miss Alexis has a collection of six hundred movies and counting. Along with a talent of being able to quote almost every Disney movie, she is not too shy to start singing the songs with the children. Alexis spent summer vacation living in Hawaii on the Big Island. She moved to Hawaii on her own to gain some life experience, and she loved every minute of it. She is a friend to all, lives an easy-going lifestyle, and keeps things entertaining with her awkward but fun personality.

Michelle Fitzpatrick "Ms. Michelle"-Morning Care & AM KinderRich Aide

Ms. Michelle was born in New Jersey but moved to California when she was 8-years-old. She lived in San Jose until 1990, then moved to Sacramento. Michelle is the mom of 3 boys. Her oldest, Jason, is 21 and currently in the Navy, her middle son, Hayden, is 17, and the youngest, Ben, is 13. Her sole female companion at home is their family dog, Clayir. She spends a lot of time watching her boys play baseball. One plays with the Bella Vista Broncos and the other for the Sacramento Spartans.....so you can imagine, many weekends are spent at the ball fields. Michelle and her husband have been married for 21 years and enjoy getting away to the Tahoe and Napa areas to relax. She has always enjoyed working with children and is looking forward to the new journey here at OLA!

Tracy Fernandez "Ms. Tracy"-PM KinderRich Aide

Many of you know Ms. Tracy from our wonderful preschool here at OLA, and we are so excited that she will be joining us for another year to help in our PM KinderRich Program. Tracy has 2 children here at OLA and one who just started Jesuit. She brings her years of teaching experience to our school and OLA community!

Our Lady of the Assumption Extension Program Information

2014-2015

Our Lady of Assumption Extension Program offers a Kindergarten Enrichment Program (KinderRich), as well as before and after school care for OLA students. We strive to give your student a sense of their own worth and specialness in all aspects of living and learning.

Extension operates in accordance with the philosophy and value systems of OLA School. We offer your student a variety of experiences and activities within a Catholic environment. Recreation, enrichment, study, rest, and relaxation are part of each day. All children in grades one through eight attend study hall after having a nutritious snack. Our study hall program is supervised by trained and certified educators.

We open at 7:00 a.m. for students who are enrolled in Extension and have paid the morning care fee. The doors do not open before 7:00 a.m., even if a staff person is inside. Students get signed in and then have free play time or may study on their own (no homework assistance is provided at this time due to staff/student ratio). All children must stay inside the Extension building until the school campus opens at 7:30 a.m., and they can stay no later than 7:45 a.m. unless they are attending our morning KinderRich session which starts at 8 a.m. Students walk as a group over to the main gate and are guided by school staff, to ensure their safety. There is no breakfast provided, but students may bring their own meals or snacks as long as they are in-line with our school's food allergy policy.

We have a program from 8:00 a.m. to 2:45 p.m. that we call KinderRich. Morning KinderRich students may arrive no earlier than 7:45 a.m., unless they are enrolled in our morning care program. Failure to comply will result in a warning, and after that there will be a charge for morning care. KinderRich is for our Kindergarten children during the time they are not in class. KinderRich is covered by your school tuition; however, there is a registration fee that helps us stock up on those materials that boost our art, science, and outdoor activities. We have planned activities, story time, outdoor time, rest time, and free play. Free play is a crucial part of socialization, which is an important part of functioning well at school.

AFTER SCHOOL INFORMATION

CHECK OUT PROCEDURES: We are required by law to have each child signed out. Please come in and sign your student out when you pick them up. This is also how we account for billable time; if student is not signed out you will be billed for a full day of care. Once students are signed out or leave Extension to participate in an on-campus activity, they may not return to Extension unless prior arrangements have been made and were approved by the Director.

CELL PHONES: We would like parents to leave their cell phones in the car when they come in to pick up their children. I know everyone is very busy these days and there never seems to be enough time in the day to get everything done, but your children need your full attention when you come in to get them. Thank you in advance for your cooperation. Please remember that your children are not to have cell phones at Extension. They may not pull them out of their backpacks to check messages etc. If you need to reach your child, you may always call here. We always allow the children to call their parents when there is a need. If you do not want your child calling you after school, please let your child and us know.

REGISTRATION FORM: This form (separate from the school registration form) must be filled out completely and returned in order for your student to use Extension services. This form can be found and completed on our school Web site.

BEHAVIOR: It is important that parents and children all understand the rules at Extension. Extension must follow all guidelines included in the school handbook. Below, you will find a list of specific Extension rules and the study hall procedures. Please review these papers with your children. If you have a question about any of these, please feel free to speak with me. Please remind your children that profanity of any kind will not be tolerated. If a child is using profanity, he/she will be suspended from extension for at least one day. Excessive cruelty or unmerciful teasing will also be grounds for suspension. Our program is based on Christian values, and we want to encourage this with the children. Children are expected to treat staff and one another with Christian respect.

Our Lady of the Assumption Extension Program Information

2014-2015

Behavior Policies

The following procedures will be followed if an act of discipline is required:

1. Reprimand (verbal warning).
2. Time out to observe appropriate behavior and think about actions.
3. Change of stations, possible suspension from stations for a day or week, and discussion with parents.
4. If problem persists, the parent/guardian will be called and expected to pick up the child, possible suspension from the program.
5. Termination from the program.

We also adhere to all the school rules and parent handbook.

HOMEWORK/STUDY HALL: Students will be asked to show our Study Hall Supervisor their homework assignment notebook with all their homework written in it when they check in. Before leaving study hall, they must show their finished work to the Study Hall Supervisor. Parents will be notified if their child/children have a behavior problem or do not come to study hall with all their work and supplies. Children are required to do all written assignments before they go out to play. They are welcome to stay and study quietly until 5:00, when we close study hall. In addition, your child must have written permission to skip homework time. Please remember it is up to you to check your child/children's homework each night. Our study hall supervisors are there to help when asked, but they are not personal tutors. They will quickly check homework to see if it is complete, and if they see a mistake, they will have the child correct it. However, not every problem or sentence will be checked. Please review your child's homework once you get home.

FINANCIAL ARRANGEMENTS: Fees for the Extension Program are based on the actual cost of operating the program. You will be billed for time used in the first week of the following month; all payments are to be received no later than the due date on the invoice. There will be a service fee on all returned checks. Two returned checks will result in the acceptance of cash or money order payments only for all future fees. You received a rate sheet with your registration form. You may refer to that for your fee amounts. Your child's attendance should match the fees paid. THERE IS A \$20 LATE FEE FOR OVERDUE INVOICES. This must be enforced to keep our prices low for all Extension families.

A FEW NOTES AND REMINDERS:

1. Be sure your children have their names on everything: backpacks, books, lunches, and all clothing including socks and underwear.
2. Please be sure to send a lunch on all minimum days. Include a drink in their lunch because we do not have milk. Please do not send anything that requires preparation.
3. Keeping our balls is always a problem. The children will kick them over the fence or up on the roof. We are not allowed to go up on the roof to get them. It is often months before we see those balls again. The following rules will apply:
4. Older children, who leave the school grounds using their walking pass, may not return to Extension without prior arrangements between the Director and parents.

OLA Extension Rate Sheet 2014-2015

Students who are left past 3:15 PM more than once time during the school year must be registered and will be billed for registration fee and time used. Monthly Rates are for time used between 7-7:45 AM & 3-6:30 PM and billing for the month goes out the first week of the following month. Total days in between the scale will be billed at the higher rate. Late fees are applied for no payment by due date, failure to pay for services can also result in a suspension or termination of Extension services.

Daily (16+ days) \$275
16 days per month \$250
12 days per month \$225
10 days per month \$200
8 days per month \$175
6 days per month \$150
4 days per month \$125

Registration Fees must be paid to complete registration

1 st - 7 th Grade \$50
KinderRich \$250
8th Grade FREE!

Pre-Paid Cards: This is a non-billing rate must pay before time is used. You will receive bills at a later date to renew your card; the time purchased never expires and can be used as long as student is registered for that school year with Extension.

Morning Care (7-7:45 a.m.) \$35 monthly
\$35 paid on day of service (single day)
Pre-Paid 10 Hour Card (charge per 15 minute intervals) \$100

Please contact the Extension Director if you have any questions or what to know what rate is best for your family.

extension@olaparish.net

916-489-5427

SAVE THE DATE

**OLA
AUCTION
10*11*14
5:30 – 10pm**



007

Join us for an elegant evening of espionage

For more information: OLAAuction@gmail.com

Scrip Order Form

Date: _____ Name: _____

Child's Name (if different):
 _____ Grade _____

Payment:
 Cash _____ Check Number _____

Retailer	%	Price	#	Total
Ace Hardware	4	\$25		
Ace Hardware	4	\$100		
Aeropostle	7	\$25		
Amazon	3	\$25		
Am Eagle Outfitters	10	\$25		
American Express	1.25	\$25		
American Express	1.25	\$100		
Applebee's	8	\$25		
Arco	1.50	\$50		
Arco	1.50	\$100		
Barnes & Noble	9	\$10		
Barnes & Noble	9	\$25		
Bath & Body Works	13	\$10		
Bath & Body Works	13	\$25		
Bed, Bath and Beyond	7	\$25		
Big 5	8	\$25		
CA Pizza Kitchen	4	\$10		
Century Theatres	4	\$25		
Cheesecake Factory	5	\$25		
Chevron	1	\$50		
Chevy's/El Torito	8	\$25		
Chilis/Macaroni Grill/On the Border	11	\$25		
Chipotle	10	\$10		

Retailer	%	Price	#	Total
Claire's	9	\$10		
Cold Stone Creamery	8	\$10		
Crate & Barrel	9	\$25		
CVS Pharmacy	6	\$25		
Disney	2	\$25		
Disney	2	\$100		
Game Stop	3	\$25		
GAP/Old Navy/ Ban. Rep.	14	\$25		
Gymboree	13	\$25		
Hallmark	4	\$25		
Hagen's Orange Freeze	10	\$20		
Home Depot	4	\$25		
Home Depot	4	\$100		
IHop	8	\$25		
iTunes	5	\$15		
iTunes	5	\$25		
J. Crew	13	\$25		
Jamba Juice	7	\$10		
Kohls	4	\$25		
Leatherby's	10	\$5		
Macy's	10	\$25		
Marshalls/TJ Max	7	\$25		
Michael's	4	\$25		
Nike	12	\$25		
Panera	9	\$10		
Peet's Coffee & Tea	8	\$20		
PetSmart	4	\$25		
PinkBerry	5	\$10		
Pottery Barn/ Williams & Sonoma	8	\$25		
Quiznos	10	\$10		

Retailer	%	Price	#	Total
Raley's	4	\$25		
Raley's	4	\$100		
Red Lobster/ Olive Garden	9	\$25		
Red Robin	9	\$25		
REI	8	\$25		
Rite Aid	4	\$25		
Safeway	4	\$25		
Safeway	4	\$100		
SaveMart	2	\$25		
SaveMart	2	\$100		
See's Candy	20	\$18		
Shell	2.50	\$50		
Smart & Final	3	\$50		
Smash Burger	10	\$10		
Sports Authority	8	\$25		
Staples	5	\$25		
Starbucks	7	\$10		
Starbucks	7	\$25		
Subway	3	\$10		
Subway	3	\$50		
Taco Bell	5	\$10		
Target	2	\$25		
Target	2	\$100		
Toys-R-Us	1.50	\$20		
UA/Regal Cinemas	8	\$25		
Walgreens	6	\$25		
Wal-Mart/ Sam's Club	2.5	\$100		
Wendy's	4	\$10		
Whole Foods	3	\$25		
Whole Foods	3	\$100		
TOTAL				