

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			L *WW Big Daddy Pizza Salad with italian dressing dried fruit, Fruit Mix *LF/NFC Milk	L Corn Dog, Fries Broccoli and Carrots Fresh Apples *LF/NFC Milk
5	6	7	8	9
L Chicken Tender, *Brown Rice Salad with ranch dressing Apricots *LF /NF Milk	L Chicken Patty on a *WW Bun, Salad with ranch dressing Pears *LF/NF Milk	L Beef and Bean Enchilada Pie Salad with ranch dressing Peaches *LF/NF Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NF Milk	L Hot Dog on a *WW Bun, Fries Zuchinini and Carrots, Fresh Oranges *LF/NF Milk
12	13	14	15	16
LINCOLNS BIRTHDAY NO SCHOOL	L *W W Bean and Cheese Burrito Salad with ranch dressing Fruit Mix *LF/NFC Milk	L *WW Spaghetti w/meat sauce Bread Stick, Pears Salad with ranch dressing *LF/NFC Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NFC Milk	L Corn Dog, Fries Broccoli and Carrots Fresh Oranges *LF/NFC Milk
19	20	21	22	23
WASHINGTONS BIRTHDAY NO SCHOOL	L Hamburger on a *W W Bun Salad with ranch dressing Pears *LF /NFC Milk	L Chicken Tenders, Brown Rice Salad with ranch dressing Peaches *LF /NFC Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NFC Milk	L Hot Dog on a *WW Bun, Fries Carrots and Celery Fresh Oranges *LF/NFC Milk
26	27	28		
L Roasted Chicken Brown Rice , Salad with ranch dressing, Apricots *LF/NFC Milk	L Taco Salad with meat and cheese with Salsa, *W Grain Chips Pineapple *LF/NFC Milk	L *WW Spaghetti w/meat sauce Bread Stick, Salad with ranch dressing, Pears *LF/NFC Milk		



rethink
Your Drink

Choose
.Water
.Low Fat (1%0 or Fat Free Milk
.100% fruit juice
.100% vegetable juice

BREAKFAST
Each student must have 2 items
on their plate when leaving
the breakfast line.

LUNCH
Each student must have 3 items
on their plate when leaving
the lunch line.
Each student must have 1/2 cup fruit
or 1/2 cup vegetables.

One item for breakfast and lunch
must be milk.

Sandwiches are served with
mayonnaise and mustard packets

Hamburgers are served with
mustard and ketchup packets

*WW=Whole Wheat
*LF=Low Fat
*NFC=Non Fat Chocolate