

MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			L *WW Big Daddy Pizza Salad with italian dressing dried fruit, Fruit Mix *LF/NFC Milk	L Corn Dog, Fries Broccoli and Carrots Fresh Apples *LF/NFC Milk
5	6	7	8	9
L Chicken Tender, *Brown Rice Salad with ranch dressing Apricots *LF/NF Milk	L Chicken Patty on a *WW Bun, Salad with ranch dressing Pears *LF/NF Milk	L Beef and Bean Enchilada Pie Salad with ranch dressing Peaches *LF/NF Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NF Milk	L Hot Dog on a *WW Bun, Fries Zuchinini and Carrots, Fresh Oranges *LF/NF Milk
12	13	14	15	16
L Teriyaki Chicken, Brown Rice Salad with ranch dressing Apricots *LF/NFC Milk	L *W W Bean and Cheese Burrito Salad with ranch dressing Fruit Mix *LF/NFC Milk	L *WW Spaghetti w/meat sauce Bread Stick, Pears Salad with ranch dressing *LF/NFC Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NFC Milk	L Corn Dog, Fries Broccoli and Carrots Fresh Oranges *LF/NFC Milk
19	20	21	22	23
L *WW Macaroni and Cheese Salad with ranch dressing Apricots *LF/NFC Milk	L Hamburger on a *W W Bun Salad with ranch dressing Pears *LF/NFC Milk	L Chicken Tenders, Brown Rice Salad with ranch dressing Peaches *LF/NFC Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NFC Milk	L Hot Dog on a *WW Bun, Fries Carrots and Celery Fresh Oranges *LF/NFC Milk
26	27	28	29	30
<p>SPRING RECESS NO SCHOOL MARCH 26TH THRU MARCH 30TH</p>				



rethink
Your Drink

Choose
 .Water
 .Low Fat (1%0 or Fat Free Milk
 .100% fruit juice
 .100% vegetable juice

BREAKFAST
 Each student must have 2 items
 on their plate when leaving
 the breakfast line.

LUNCH
 Each student must have 3 items
 on their plate when leaving
 the lunch line.
 Each student must have 1/2 cup fruit
 or 1/2 cup vegetables.

One item for breakfast and lunch
 must be milk.

Sandwiches are served with
 mayonnaise and mustard packets

Hamburgers are served with
 mustard and ketchup packets

*WW=Whole Wheat
 *LF=Low Fat
 *NFC=Non Fat Chocolate