CHARTER COMMUNITY PROGRAM

JANUARY 2019

<u>MONDAY</u>	TUESDAY	WEDNESDAY	THURSDAY	<u>FRIDAY</u>
	1 2 3 4 WINTER RECESS JANUARY 1ST THRU JANUARY 4TH			
7	8	9	10	11
L Teriyaki Chicken, Brown Rice Salad with ranch dressing Fresh Oranges *LF/NF Milk	L *WG Pozole Soup ,*WW Roll Salad with ranch dressing Peaches * LF/NF Milk	Bread Stick Salad with ranch dressing, Pears *LF/NF Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NF Milk	L Hamburger on a *WW Bun Fries, Broccoli and Carrots Fresh Oranges *LF/NF Milk
14	15	16	17	18
L Chicken Tenders with Brown Rice Brown Rice, Fresh Oranges Salad. with ranch dressing, * LF/NF Milk	L *WG Meat and cheese Tacos Salad with ranch dressing Peaches * LF/NF Milk	L *WW Spaghetti with Meat Sauce Bread Stick Salad with ranch dressing, Pears *LF/NF Milk	L *W W Big Daddy Pizza Salad with italian dressing dried fruit, Pineapple *LF/NF Milk	L Chicken Patty on a *W W Bun Fries, Broccoli and Carrots Fresh Apples *LF /NF Milk
21	22	23	24	25
MARTIN LUTHER KING HOLIDAY NO SCHOOL	L *WG Meat and cheese Tacos Salad with ranch dressing Peaches * LF/NF Milk	L *WW Spaghetti with Meat Sauce Bread Stick Salad with ranch dressing, Pears *LF/NF Milk	L *W W Big Daddy Pizza Salad with Italian dressing dried fruit, Pineapple * LF/NF Milk	L Hamburger on a *W W Bun Fries, Carrots and Broccoli Fresh Oranges *LF/NF Milk
28	29	30	31	
L Chicken Tenders, Brown Rice Salad with ranch dressing Fresh Oranges * LF /NF Milk	L *WG Meat and cheese Tacos Salad with ranch dressing Peaches * LF/NF Milk	L *WW Spaghetti with Meat Sauce Bread Stick Salad with ranch dressing, Pears *LF/NF Milk	L *WW Chicken Noodle Soup, *WW Roll Salad with italian dressing dried fruit, Pineapple *LF/NF Milk	

^{*}WW= Whole Wheat - *WG= Whole Grain- *LF = Low Fat, NF MILK