



## Is my child too sick to attend school?

A quick reference guide to help decide if you should send your child to school or keep them home

Please **KEEP YOUR CHILD HOME** with the following symptoms:

- **FEVER:** – If your child has a fever 100° F or more, keep them home until they are 24 hours fever free WITHOUT medicine. If your child has a fever at 2pm they may not attend school the following day.
- **DIARRHEA/VOMITTING** – Keep your child home for 24 hours from the last episode WITHOUT medicine.



- **COUGH:** A child with heavy cold symptoms, such as deep or uncontrollable coughing or significant lack of energy, belongs at home even without a fever.

- **RUNNY NOSE:** Students with a constant runny nose, especially green/yellow in color, and cannot maintain themselves need to stay home.

- **SORE THROAT:** Keep a child at home and contact a medical provider for a severe sore throat and if white spots are in the back of the throat, with or without a fever.

- **PINK EYE:** Student should be kept at home until evaluated by a medical provider.
- **RASH:** Do not send a child with a rash to school until a medical provider has said it is safe to do so – especially with additional symptoms like itching, fever or appearing ill.



- **FLUID-FILLED BLISTERS OF UNKNOWN ORIGIN:** It is important to have these symptoms evaluated by a medical provider because infection can lead to serious complications.

If your child has minor symptoms (cough, headache, stomach ache, etc.) but is able to function at 75% of their usual capacity, it is OK to send them to school as long as they do not have any of the above symptoms.