Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God’s people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.
The Fourth Sunday of Lent was traditionally called Laetare Sunday and it was meant to provide a sort of break midway through our Lenten journey. The Latin word Laetare means rejoice, and although we are approaching the end of Lent and the terrible events of Jesus’ passion and death, we’re also nearing the glorious moment of Easter when we celebrate Christ’s Resurrection. In other words, in the life of Jesus, the apparent defeat of his crucifixion is crucially linked to his victory over sin and death when he rises from the dead. Since Christ is the center and model of every Christian life, as followers or disciples of Jesus, we are meant to see our own lives as we see his. There are, in everyone’s journey, moments of joy and triumph, as well as moments of sorrow and loss. The challenge for us as Christians is to maintain the right perspective at every moment, never becoming overly discouraged, never losing our faith that God is guiding us toward the light. That’s the message of this Sunday’s Gospel of the man born blind. Here Jesus leads us bit by bit away from confusion toward understanding, away from darkness toward illumination. And this story demonstrates how enlightenment and wisdom can come to us when we put our faith in Christ Jesus and when we truly accept God’s will. The major theme of St. John’s Gospel from beginning to end is that Jesus is the light of the world. He has been sent by our heavenly Father into the darkness of this world in order to reveal God’s kingdom and the glories of the life to come. At the same time, Jesus wants us to know that the earth is good, and that it provides for our needs. That’s why Jesus sends the blind man, as the final part of his cure, to wash himself in the public bathing pool. He knows we need the baptism of water; we need the sharing of communion as visible signs of God’s presence among us. St. Paul, in this Sunday’s second reading, says to his new converts, the Ephesians, “Live as children of light, for light produces every kind of goodness and righteousness and truth.” Then, the light that Jesus Christ promises us -- the light of faith, the light of hope -- will more and more fill our souls and open our eyes and illuminate our path through this world toward the next. With Jesus as our Lord and our Good Shepherd, we can walk confidently and without fear through every difficulty. With Christ as our light, no darkness however deep will ever overcome us.

Fr. Ulysses

El Cuarto Domingo de Cuaresma fue tradicionalmente llamado Domingo Laetare, y estaba destinado a proporcionar una especie de descanso a la mitad de nuestro camino cuaresmal. La palabra latina Laetare significa regocijo, y aunque nos acercamos al final de la Cuaresma y los terribles acontecimientos de la pasión y la muerte de Jesús, también nos acercamos al momento glorioso de la Pascua cuando celebramos la Resurrección de Cristo. En otras palabras, en la vida de Jesús, la aparente derrota de su crucifixión está crucialmente ligada a su victoria sobre el pecado y la muerte cuando resucitó de entre los muertos. Puesto que Cristo es el centro y el modelo de toda vida cristiana, como seguidores o discípulos de Jesús, debemos ver nuestras propias vidas como vemos la suya. En el peregrinaje por este mundo de cada persona hay momentos de alegría y triunfo, así como momentos de dolor y pérdida. El desafío para nosotros como cristianos es mantener la perspectiva correcta en cada momento, sin llegar a ser excesivamente desalentado, nunca perdiendo nuestra fe que Dios nos está guiando hacia la luz. Ese es el mensaje del Evangelio de este domingo del ciego de nacimiento. En este Evangelio Jesús nos guía poco a poco de la confusión hacia el entendimiento, de la oscuridad hacia la iluminación. Y este narrativo nos demuestra cómo la iluminación y la sabiduría pueden llegar a nosotros cuando ponemos toda nuestra fe en Cristo Jesús y cuando verdaderamente aceptamos la voluntad de Dios. El tema principal del Evangelio de San Juan desde el principio hasta el fin es que Jesús es la luz del mundo. Él ha sido enviado por nuestro Padre celestial a las tinieblas de este mundo para revelar el reino de Dios y las glorias de la vida venidera. Al mismo tiempo, Jesús quiere que sepamos que la tierra es buena, y que provee nuestras necesidades. Es por eso que Jesús envía al ciego, como la parte final de su cura, a lavarse en la piscina pública. Jesús sabe que necesitamos el bautismo del agua; necesitamos la unión con aceite; necesitamos compartir la comunión como signos visibles de la presencia de Dios entre nosotros. San Pablo, en la segunda lectura de este domingo, dice a sus nuevos conversos, los efesios: “Vivan como hijos de luz, porque la luz produce todo tipo de bondad, justicia y verdad.” Pues, al seguir a Jesucristo, la luz que el nos prometió -- la luz de la fe, la luz de la esperanza – más y más llenará nuestras almas y abrirá nuestros ojos e iluminará nuestro camino por de este mundo hacia el próximo. Con Jesús como nuestro Señor y nuestro Buen Pastor, podemos caminar con confianza y sin temor a través de cada dificultad. Con Cristo como nuestra luz, ninguna oscuridad, tan profunda que sea, nos vencerá.

Padre Ulises
**The 2020 Archdiocesan Annual Appeal.**

Our assessment for this year is $78,484, or 20% of our last year’s income. To date, we have received $13,020. Please consider what you might do to help us meet our obligation by the end of the year. Thank you very much!

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**Today’s Second Collection is for Catholic Relief Services.**

Catholic Relief Services is an international branch of our Church that rushes to the aid of those in crisis due to natural disasters, war, or serious illness, providing help in many ways.

Next Week’s Second Collection will be for the St. Vincent de Paul Society.

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The loss of every loved one creates many changes, challenges and pain. “Good Grief”, an ongoing support group, meets first and third Thursday at the Parish Center, 6:00-7:30 p.m.

We care. We share. Do come.

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**ELECTRONIC DONATIONS**

VANCOPAYMENTS.COM is an agency created to facilitate the process of donations, if you wish to make your donations to the Church electronically or by Credit Card, please see our website, [www.mountcarmel.org](http://www.mountcarmel.org) press Donate and follow the easy instructions. Thank You, God reward your generosity.

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If someone in your family is homebound, lives nearby and is unable to attend Mass, but would like to receive the Eucharist, please contact Julie O’Leary at (650) 361-8681.

Communion ministers are needed to bring the Eucharist to homebound parishioners. Please call Julie O’Leary if you would like to participate in this worthy ministry.

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Our St. Vincent de Paul Society is requesting donations of used **eye glasses** which will be given to the homeless. There will be a basket in the vestibule of the church where they can be put. Thank you for your help.

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**The Annunciation of the Lord**

Wed. March 25 ~ Mass at 8:15 a.m.

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NEW EYES

glasses for those in need
**Mass Intentions**

**Saturday, March 21, 2020**
5:00 PM  Augusto Saguin †

**Sunday, March 22, 2020**
8:00 AM  Paul F. Beyer †
10:00 AM  Norman Conrad †
12:00 PM  Mario and Leticia Patiño (Int.)
5:00 PM  Pro Populo

**Monday, March 23, 2020**
8:15 AM  Marina Molina Garcia †

**Tuesday, March 24, 2020**
8:15 AM  Georgette Absi †

**Wednesday, March 25, 2020**
8:15 AM  Antonino Pitarresi †

**Thursday, March 26, 2020**
8:15 AM  Mary Ellen Mahoney (Int.)

**Friday, March 27, 2020**
8:15 AM  John McFadden †

**Saturday, March 28, 2020**
8:15 AM  Teofilo Barba and Dolores Gomez †

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**The Lord is My Shepherd, I Shall Not Want.**

Psalm 23:1

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**This Week at Mt. Carmel**

**Sunday, March 22, 2020**
- CCD Classes 8:30 AM  School
- RCIA 9:00 AM  Chapel
- Children’s Liturgy 10:00 AM  Church
- Confirmation 5:00 PM  Church/School

**Monday, March 23, 2020**
- Grupo Carismático (Mesa Directiva) 7:00 PM  Old Chapel

**Tuesday, March 24, 2020**
- Boy Scouts 6:30 PM  Small Hall
- Men’s Basketball 8:30 PM  Large Hall

**Wednesday, March 25, 2020**
- CCD 6:30 PM  School
- Bible Study 7:00 PM  Old Chapel
- Grupo Carismático 7:00 PM  Large Hall

**Thursday, March 26, 2020**
- CCD 6:30 PM  School
Saints & Special Observances

Sunday: Fourth Sunday of Lent
Monday: Saint Toribio de Mongravejo
Tuesday: San Oscar Romero
Wednesday: The Annunciation of the Lord
Thursday: of the Fourth Sunday of Lent
Friday: of the Fourth Week of Lent
Saturday: of the Fourth Week of Lent

Welcome Our Lady of Mount Carmel

Registration Form
The following confidential information will be entered in our parish data system. It is only for the purpose of knowing and serving you better.

Name (s): _______________________________
Address: _______________________________
City:_________________ zip:_______________
Telephone:______________________________
e-mail:_________________________________
Others in your household:_________________

Number of adults over 18 years of age: _____
Number of children under 18 years of age: ___

Rosary Makers Group

Our Lady of Mount Carmel  Rosary Makers Group meets every Friday from 10:00 a.m. to Noon in the Parish Center. We are always looking for new people who’d like to join us in making rosary. Training and materials provided.
OUR LADY OF MT. CARMEL

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