



St. Joseph Catholic School  
11610 Atwood Rd. Auburn, CA 95603  
SaintJosephAuburn.org

## PRESS RELEASE

### First Responders and Law Enforcement Officers Participate in Local Jog-a-Thon

*Auburn, California - September 21, 2019* - Last week was Health Week at St. Joseph Catholic School. The goal of the annual Health Week is to promote lifelong learning and development of healthy habits so kids can learn to eat right, be physically active and equipped for success. Healthy bodies make for healthy minds and allow children to flourish.

Students received dental and vision screenings, as well as an informative hygiene presentation (flu season is fast approaching). Students also talked about stress and anxiety and learned some simple skills to help them recognize and manage these feelings.

On Tuesday, **Placer County Probation Department** stopped by to talk about personal safety, actions and consequences and shared what it's like to be in law enforcement. Students were eager to ask questions and the offices stayed until all questions had been answered. "They were outstanding role models for the students, who personally thanked each of them for their service," said Jenny Oliver, the school's principal.

The highlight of the week was the school's annual Jog-A-Thon. With a goal of \$10,000, the students worked hard to collect pledges from friends and family for the run. On Friday morning before the run, the announcement was made that the student body had exceeded the goal!

"The excitement could be felt all around campus," said Mrs. Oliver. "Then just as the classes headed down to the field for the run, the local firefighters (from **Cal Fire Atwood Station 180**) showed up in their fire trucks to participate in the run! The students were ecstatic."

The firefighters had challenged the **Placer County Sheriff Department**, who showed up minutes later, to run with them. After the run was over, the firefighters even challenged the 8th grade boys to a game of pick up basketball.

"The Jog-A-Thon was a huge success," continued Mrs. Oliver, "not only for the money raised for the school, but also for the camaraderie built between these first responders and law enforcement offices and our students. They will remember this forever."

Our Auburn community cannot be beat. These first responders and law enforcement offices are dedicated to their community and the people they serve.

#### About St. Joseph Catholic School:

Since 1943, St. Joseph Catholic School has been educating preschool - 8th Grade students. St. Joseph Catholic School provides an environment of achieving academic excellence with a balanced curriculum in serving students from Preschool through the Eighth Grade.

#### CONTACT

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#### SOCIAL MEDIA

Facebook/Instagram: @sjcsauburnca  
#WeAreSJCS #SJCSAuburn



Placer County Probation officers with Principal Oliver



Placer County Probation officers in a middle school classroom



Placer County Sheriffs came to participate in the run



Atwood Station 180 came to participate and cheer on students



Firefighters encouraged students throughout the 30 minutes



Everyone had a great time!



Everyone had a good time in the physical fitness activity



Firefighters even challenged some 8th grade boys to a game of basket ball.