Participation in the Sacred Heart Parish School Athletics Program is completely voluntary, involvement does, however, require a commitment on your part with the respect to your academic standing citizenship, physical conditioning and obligations to the goals and philosophies of the school and athletic department. Therefore, the following regulations have been adopted for those students who accept the role of athletes:

1. SHPS Athletes must meet eligibility standards. These standards require a SHPS athlete to (a) Maintain a minimum of a C grade average; (b) Be in attendance at school in order to participate in practice or athletic contest. Exceptions to the rule can only be approved by the principal or athletic director.

2. SPHS Athletes are expected to demonstrate exemplary conduct on the field/court, in the classroom, and at school related functions. Both players and parents will promote and practice the ideals of good sportsmanship and show respect to the opposing team, their administration and fans, and the game officials at all times. Serious disciplinary infractions in area of school life could result in suspension or dismissal from the athletic team by the coach, Athletic Director or Principal.

3. Athletics, more than any extra-curricular activity demand a strong commitment to a healthy lifestyle. According to the Sacred Heart Parish School Family Handbook, “smoking or having tobacco use, sale or possession of habit forming substances is grounds for expulsion.” Failure to abide by this rule will result in immediate dismissal from the team for the remainder of the sport season.

4. A student will abide by any additional rules or more stringent penalties adopted and enforced by the coach and approved by the Athletic Director or Principal.

5. Equipment/uniforms issued to athletes belong to Sacred Heart Parish School. Loss of issued equipment/uniform or misuse resulting in loss of equipment/uniforms is the student’s financial obligation Until this obligations is fulfilled, the student will not be allowed further participation or receive grades/transcripts.

6. No cell phones are permitted at Sacred Heart Parish School events including practices, games on and off campus and on transportation to events. Students who have cell phones must keep them turned off inside their backpack or gym bag. Disciplinary action will be taken for players who do not follow these rules.

We have read and understand the above rules and expectations for the student athletics and parents/guardians and make a commitment to abide by the rules and objectives of the Sacred Heart Parish School Athletics Department and as stated in Family Handbook.

Parent Release: I give permission for my child to be released to participate in (sort) ________________. I understand that this sport may take place off the school premises. I further understand that when my child is released from school to participate in any after school activity, that he/she will be under the supervision and control of the adult responsible for the program/activity and no longer under the supervision and control of Sacred Heart Parish School. I also understand that I must make proper transportation arrangements for my child to participate in said after school activity. No child will be released from Sacred Heart Parish School until all required permission slip forms have been received.

Parent/Guardian Printed Name: ______________________________          Date: ______________
Parent/Guardian Signature: _________________________________          Date:  _____________
Student Printed Name:  ____________________________________            Date:  _____________
Student Signature:  _______________________________________             Grade: ____________